

APRIL 2017: K-8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	New York Thursday 6	7
Egg or Cheese Omelet on a Soft Roll	Whole Grain Bagel with Cream Cheese & Jelly	Cinnamon Pancakes Served with Syrup	Upstate Farms® Strawberry Yogurt	Cheese Omelet Soft Wrap with Salsa
Warm Carrot Cheese Bread	Organic Stonyfield® Yogurt	Turkey Sausage Patty	Whole Grain Croissant	San Franola
Land O'Lakes® Colby Cheese Stick	Served with Craisins & Granola	Hot Oatmeal Warm Peach Topper	Honey Roasted Sunflower Seeds	Granola Bowl®
100% Fruit Juice	Seasonal Fresh Fruit	100% Fruit Juice	Champlain Valley NY Apple Slices	100% Fruit Juice
Spring Recess 10	Spring Recess 11	Spring Recess 12	Spring Recess 13	Spring Recess 14
Beef Sausage & White Cheddar Sandwich	Whole Grain Bagel with Cream Cheese & Jelly	Blueberry Pancakes Served with Syrup	Yogurt Parfait	Canadian Bacon, Egg & Cheese on an English Muffin
Warm Banana Bread	Organic Stonyfield® Yogurt	Turkey Canadian Bacon	Warm Zucchini Bread	Hot Oatmeal
Land O'Lakes® Mozzarella Cheese Stick	Served with Craisins & Granola	Hot Oatmeal Warm Peach Topper	Hot Oatmeal Warm Peach Topper	Warm Peach Topper
100% Fruit Juice	Seasonal Fresh Fruit	100% Fruit Juice	Fresh NY Apples	100% Fruit Juice
Spring Recess 17	Spring Recess 18	19	New York Thursday 20	21
Beef Sausage & White Cheddar Sandwich	Whole Grain Bagel with Cream Cheese & Jelly	Tasty Waffles Served with Syrup	Upstate Farms® Strawberry Banana Yogurt	Ham Egg & Cheese on a Soft Roll
Warm Cinnamon Apple Bread	Organic Stonyfield® Yogurt Served with Craisins & Granola	Turkey Sausage Patty Hot Oatmeal	Whole Grain Croissant	Back to the Roots® Organic Purple Corn Flakes Bowl
Land O'Lakes® Cheddar Cheese Stick		Warm Peach Topper	Honey Roasted Sunflower Seeds	Hot Oatmeal Warm Peach Topper
100% Fruit Juice	Seasonal Fresh Fruit	100% Fruit Juice	Champlain Valley NY Apple Slices	100% Fruit Juice
24	25	26	New York Thursday 27	28
Turkey Bacon, Egg & Cheese Breakfast Toast	Whole Grain Bagel with Cream Cheese & Jelly	French Toast Sticks Served with Syrup	Upstate Farms® Cherry Vanilla Yogurt	Omelet with Cheese Buttermilk Biscuit
Warm Blueberry Yogurt Bread	Organic Stonyfield® Yogurt Served with Craisins & Granola	Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper	Nature Valley™ Oats 'n Honey Granola Bar Hot Oatmeal	Hot Oatmeal Warm Peach Topper
Land O'Lakes® Mozzarella Cheese Stick	Seasonal Fresh Fruit	100% Fruit Juice	Warm Peach Topper Fresh NY Apples	100% Fruit Juice
100% Fruit Juice				

EVERY () HEALTHY April 24-28 is Every Kid Healthy Week



Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit (Apples, Oranges, Bananas, Pears), Canned Fruit, 100% Fruit Juice (Apple, Fruit Punch, Grape, Orange), Assorted Cold Cereal

<u>Cold Cereal Choices</u>: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal

Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

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